

First Canadian Place
Mix Business with Pleasure.

"Take a sharp turn
on the *learning curve*."

The
learning NETWORK
SPRING 2004 food for the mind



www.firstcanadianplace.com



▪ First
Canadian
Place
Learning Network

FASHION *food* STYLE *entert*

elancyl chatelaine vichy canadian living L'Oréal vegetarian cuisine nik manojlovich s



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Fashion & Beauty

- 1** ELANCYL LABORATORIES PRESENTS:
THE SECRET TO LOOKING GOOD –
CELLULITE BE GONE!
Friday, March 26 12:15 & 1:15



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- 2** SPRING HAS SPRUNG AT FCP: LIGHTEN
AND BRIGHTEN YOUR WARDROBE
Tuesday, March 30 12:15 & 1:15

- 3** CHATELAINE MAGAZINE PRESENTS:
COLOUR YOURSELF CURRENT
Thursday, April 15 12:15 & 1:15

- 4** CANADIAN LIVING MAGAZINE PRESENTS
FASHION TRENDS: HOT CHOCOLATE!
AND MOCHA AND COFFEE, TOO!
Thursday, April 22 12:15 & 1:15

- 5** FASHIONS AND GIFTS FOR KIDS AT FCP
Tuesday, May 4 12:15 & 1:15



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3

- 6** VICHY PRESENTS: HEALTHY HAIR STARTS
WITH A HEALTHY SCALP
Wednesday, May 5 12:15 & 1:15

- 7** RUNWAY TO REALWAY WITH L'ORÉAL PARIS
Friday, May 7 12:15 & 1:15

- 8** LA ROCHE-POSAY PRESENTS: SUNBURN,
SOMETHING TO THINK ABOUT!
Wednesday, May 12 12:15 & 1:15



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Food & Entertaining

- 9** SIP 'OUTSIDE OF THE BOX' WITH
THE TEA EMPORIUM
Tuesday, March 23 12:15 & 1:15

- 10** ROSE REISMAN: WEEKDAY WONDERS –
HEALTHY LIGHT MEALS FOR EVERY DAY
Friday, April 2 12:15 & 1:15

- 11** ANNA OLSEN: EFFORTLESS DESSERTS –
THINK SWEET, NOT SWEAT!
Friday, April 23 12:15 & 1:15



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entertaining HOME gardening

sonia day gifts for kids thomas cook travel rob rainford canadian gardening



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Home & Lifestyle



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- 16** INSIGHT VACATIONS & THOMAS COOK TRAVEL PRESENT: THE ART OF TOURING EUROPE IN STYLE
Wednesday, March 10 12:15 & 1:15
- 17** SONIA DAY: THE URBAN GARDENER
Wednesday, March 24 12:15 & 1:15
- 18** TREVOR COLE: THE CANADIAN ENCYCLOPEDIA OF GARDENING
Monday, March 29 12:15 & 1:15



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- 12** FRESH AT HOME: EVERY DAY VEGETARIAN CUISINE
Wednesday, April 28 12:15 & 1:15
- 13** CANADIAN LIVING MAGAZINE PRESENTS: A MOTHER'S DAY CELEBRATION CAKE
Monday, May 3 12:15 & 1:15
- 14** NIK MANOJLOVICH: SUMMER ENTERTAINING
Thursday, May 6 12:15 only
- 15** ROB RAINFORD: MEET CANADA'S KING OF THE GRILL
Tuesday, May 18 12:15 & 1:15



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- 19** LYNN SPENCE: FRESH IDEAS FOR SPRING DECORATING
Wednesday, April 7 12:15 & 1:15
- 20** CANADIAN HOME & COUNTRY MAGAZINE PRESENTS: YOUR HOME'S NEW COLOUR SCHEME
Tuesday, April 20 12:15 & 1:15
- 21** ORGANIZING FROM THE OUTSIDE IN: CLEAR YOUR CLUTTER, CLEAR YOUR MIND
Tuesday, April 27 12:15 & 1:15
- 22** CANADIAN GARDENING MAGAZINE PRESENTS: CITY GARDENS
Friday, April 30 12:15 & 1:15



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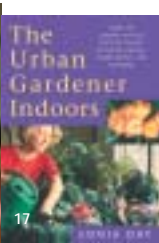
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HEALTH *lifestyle* CULTURE

diana: a celebration rom: eternal egypt mcmichael: canadian portraits beth edney



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Claude Monet - Sunset on the Seine (Coucher de soleil sur la Seine), 1875 Philadelphia Museum of Art. Purchased with the W.P. Winstach Fund, 1921 © 2004 Philadelphia Museum of Art

Culture Club

25 DIANA: A CELEBRATION – AN INTIMATE LOOK INTO THE LIFE OF THE PRINCESS OF WALES
Wednesday, March 3 12:15 & 1:15

26 ROYAL ONTARIO MUSEUM PRESENTS: ETERNAL EGYPT
Thursday, April 1 12:15 & 1:15

32 CANADIAN OPERA COMPANY PRESENTS: ARCHITECT JACK DIAMOND DISCUSSES THE FOUR SEASONS CENTRE FOR THE PERFORMING ARTS
Wednesday, June 2 12:15 & 1:15

33 RUDOLF STUSSI: TORONTO XPRESS
Wednesday, June 9 12:15 only



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23 WAYNE LENNOX: COTTAGE ESSENTIALS – FUN PROJECTS
Monday, May 17 12:15 & 1:15

24 BETH EDNEY: THE GARDENING GAMBLE – HOT NEW PLANTS!
Wednesday, May 19 12:15 & 1:15



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27 NADA SESAR-RAFFAY & CHRISTOPHER BROADHURST
Thursday, April 8 12:15 only

28 MCMICHAEL GALLERY PRESENTS: IDENTITIES – CANADIAN PORTRAITS
Thursday, April 29 12:15 only

29 TORONTO SCULPTURE: OUR CHANGING CITYSCAPE
Tuesday, May 11 12:15 & 1:15

30 ART GALLERY OF ONTARIO PRESENTS: TURNER WHISTLER MONET – IMPRESSIONIST VISIONS
Thursday, May 13 12:15 & 1:15

31 PHOTOSENSITIVE: DESTINATION TORONTO
Wednesday, May 26 12:15 only



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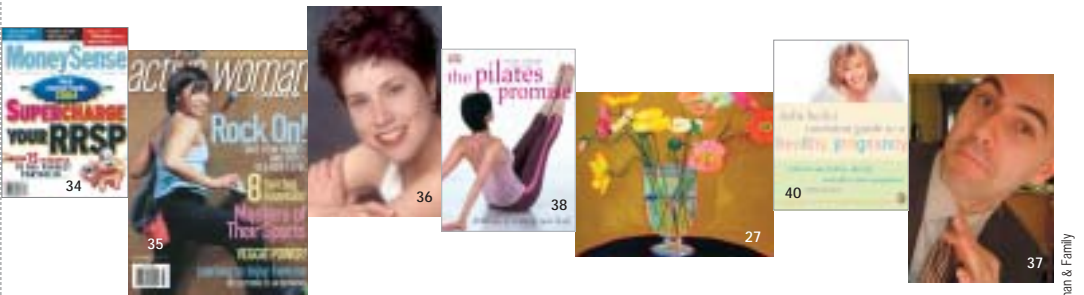


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All events are subject to change without notice.

HEALTH parenting CHARITY

promise chris mathers | leslie beck's nutrition guide | mines action canada (mac)



Mind, Body, & Soul Parenting & Family



34 MONEYSENSE MAGAZINE PRESENTS:
LIVE YOUR DREAM –
LAUNCH A SMALL BUSINESS
Thursday, March 4 12:15 & 1:15

35 ACTIVE WOMAN CANADA MAGAZINE
PRESENTS: POWERWALK TO FITNESS
Thursday, March 25 12:15 & 1:15

36 JEAN LAMANTIA PRESENTS:
REDUCE YOUR RISK: ANTIOXIDANTS
FOR CANCER PREVENTION
Monday, April 5 12:15 & 1:15

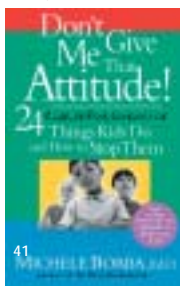
37 COMEDY LUNCH:
SPRING INTO LAUGHTER
Tuesday, April 6 12:15 only

38 ALYCEA UNGARO: THE PILATES PROMISE
– STRENGTHENING FROM WITHIN
Monday, April 19 12:15 & 1:15

39 CHRIS MATHERS: CRIME SCHOOL,
MONEY LAUNDERING
Monday, April 26 12:15 & 1:15

40 LESLIE BECK'S NUTRITION GUIDE
FOR A HEALTHY PREGNANCY –
GREAT EXPECTATIONS
Tuesday, April 13 12:15 only

41 MICHELE BORBA PRESENTS:
DON'T GIVE ME THAT ATTITUDE
Friday, April 16 12:15 & 1:15



42 CANADIAN LIVING MAGAZINE
PRESENTS: GREAT ADVICE
PARENTS GIVE EACH OTHER
Monday, May 10 12:15 & 1:15



Charity of Choice

MINES ACTION CANADA

Mines Action Canada (MAC) is urging all Torontonians to visit "Diana", A Celebration, An exhibition currently presented at the Design Exchange. All profits generated by the exhibition for the Princess Diana Memorial Fund will be donated to MAC, the Canadian Affiliate of the 1997 Nobel Peace Prize laureate, the International Campaign to Ban Landmines (ICBL).



Join us this Spring at The Learning Network to support Mines Action Canada (MAC). This coalition, whose primary concern is the human and socio-economic impact of landmines, is committed to the complete ban on the use, production, stockpiling, and trade of anti-personnel mines and other weapons. Also, MAC is dedicated to ensuring that the needs and aspirations of people affected by mines are met.

REGISTER FREE *on the web*

toronto sculpture impressionist visions canadian opera jean lamantia the pilates

Express Registration

Register online or by fax. To receive an immediate confirmation of your seminar registration, visit us at www.firstcanadianplace.com at the Learning Network or fax us at 416-864-6208.

New for Spring

WIN WITH THE LEARNING NETWORK
For your chance to win many fabulous prizes, visit www.firstcanadianplace.com and enter our upcoming three great online contests.



1. LN Spring Contest. Chance to win Adelaide Spa Package.



2. *Diana: A Celebration* Contest. Enter to win dinner at reds and a hotel package at the Fairmount, Royal York.



3. Mother's Day Celebration Contest. Chance to win a \$100 collection of books for Mom, courtesy of Penguin Group (Canada).

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	The Canadian Encyclopedia of Gardening	The Tea Emporium Spring Has Sprung at FCP: Brighten Your Wardrobe	Sonia Day - The Urban Gardener	Money Sense: Live Your Dream	Active Woman Canada Magazine Presents: PowerWalk to Fitness	Elancyl Cellulite Be Gone	

		APRIL					
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	Jean LaMantia - Antioxidants for Cancer Prevention	Comedy Lunch - Spring into Laughter	Lynn Spence: Spring Decorating	Nada Sesar-Raffay & Christopher Broadhurst	<i>Good Friday</i>	Rose Reisman - Weekday Wonders	
	<i>Easter Monday</i>	Leslie Beck - Healthy Pregnancy		Chatelaine Magazine - Color Yourself Current	Michele Borba: Don't Give Me That Attitude		
	Alycea Ungaro - Pilates Promise	Canadian Home & Country - Home's New Color Scheme		Canadian Living - Hot Chocolate! And Mocha and Coffee, Too!	Anna Olsen - Effortless Desserts		
	Crime School - Money Laundering	Organizing from the Outside In	Fresh At Home - Every Day Vegetarian Cuisine	McMichael - Identities: Canadian Portraits	Canadian Gardening - City Gardens		

		MAY					
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30	31						
	Canadian Living - Mother's Day Celebration Cake	Fashion & Gifts for Kids At FCP	Vichy Presents: Healthy Hair Care	Nik Manojlovich - Summer Entertaining	Runway to Realway with L'Oréal Paris		
	Canadian Living - Great Advice Parents Give Each Other	Toronto Sculpture - Our Changing Cityscape	La Roche Posay - Sunburn, Something to Think About	AGO: Turner Whistler Monet-Impressionist Visions			
	Cottage Essentials - Fun Projects	Rob Rainford - Canada's Grill King	Beth Edney - The Gardening Gamble				
			PhotoSensitive - Destination Toronto				

JUNE 2 Canadian Opera Company - Four Seasons Centre for Performing Arts 9 Rudolf Slussi - Toronto Xpress

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First Canadian Place Shopping Centre